

Elements of Preparing for the Sacrament of Confirmation

Why were we created? *To know God, to love God, and to serve in this world and to live with Him happily forever in the next.*

The goal of Confirmation should be to prepare the Candidate to fulfill the purpose for which he or she was created.

To Know God:

The Coursework (see attached)

To Love God:

Development of Prayer Life
Formal Prayers every Catholic should know (see list)
Methodology of Mental Prayer
Participation in Sunday Eucharist
Participation in Confession
A written essay on chosen Confirmation saint (see attached)
Choosing a Sponsor (see handout on Sponsor Guidelines)

To Serve God:

Completion of 12 service hours your 7th grade year
Completion of 12 service hours your 8th grade year
Emphasis of service hours is to bring Christ into the world

The Confirmation Retreat:

During your 8th grade year, you will participate in a day-long Confirmation Retreat

Confirmation Parent Meetings:

Required Parent meeting at the beginning of the 7th grade year
Required Parent meeting at the beginning of the 8th grade year
Catechize parents on the Sacrament of Confirmation
Explain requirements that pertain to each year
Encourage parents to help with prayers, possibly through family prayer time
Explain details of the Rite to be celebrated at the end of the 8th grade year

Regular Sunday Mass Attendance:

Everyone by our faith is expected to attend Sunday Mass weekly; During the preparation time for the Sacrament of Confirmation, Candidates are expected and required to attend weekly Sunday Mass.

Confirmation Coursework Outline

The Creed:

The Holy Trinity
The Incarnation
The four marks of the Church
The Communion of Saints – Church Triumphant, Church
Suffering, Church Militant
One Baptism – Dogma & Heresy
The four last things

The Sacraments:

Definition/Matter and Form
The Sacraments of Initiation – Baptism, Eucharist, &
Confirmation
The Sacraments of Healing – Confession & Anointing
The Sacraments of Service (Vocation) – Holy Orders & Holy
Matrimony

Morality:

Sin, the Ten Commandments, and the Two Greater
Commandments
The Beatitudes
The Cardinal and Theological Virtues
The Corporal and Spiritual Works of Mercy

Prayer:

The four parts of Prayer and the Our Father
Formal Prayer – The Rosary, Anima Christi, etc.
Mental Prayer – Meditative, Contemplative

Evaluation:

Quizzes on the following areas:
The Four Marks of the Church
The Four Last Things
The Matter and Form of the Sacraments
The Seven Deadly Sins
The Ten Commandments
The Beatitudes
The Cardinal and Theological Virtues
The Six Precepts of the Church
The Corporal Works of Mercy
The Spiritual Works of Mercy
The four parts of prayer
The Mysteries of the Rosary – broken into five/ten at a time

Prayers:

Prayers will be practiced in two-week increments
The Our Father
The Hail Mary
The Glory Be
The Fatima Prayer
Apostles' Creed
Act of Faith
Act of Hope
Act of Charity (Love)
Act of Contrition (Adapted)
Morning Offering
Angelus
Anima Christi
Regina Caeli
Hail Holy Queen (Salve Regina)
Prayer to the Holy Spirit
Prayer to St. Francis
Memorare
St. Michael's Prayer
Guardian Angel Prayer